



Asquith Mixed Probus Club BULLETIN

PRESIDENT'S CORNER

Greetings to our members, I trust you are dealing well with our variable weather at present. It's nice to report that at the last meeting we inducted five new members. More visitors are likely to sign up at the September meeting. Please keep encouraging visitors to come along.

Our suggestion box is a valuable asset, but PLEASE put your name on your suggestion so we can get back to you with the answers, or feedback to your suggestion. There was an anonymous suggestion last month that needs some follow-up, but without a name we can't provide it.

There was also a request to get a Contract Bridge cards' group together. Please contact George Weisske, or the secretary, if you are interested.

Wishing you all the best.

Mal

Meeting Dates at Magpies

General Meetings:

Thursday 3 September

Thursday 1 October

Thursday 5 November

10am for 10.30am start

Website:

<https://www.asquithmixedprobus.org.au>

Email: info@asquithmixedprobus.org.au

webmaster@asquithmixedprobus.org.au

Bulletin Editor: Sandra Lees



Asquith Mixed Probus Club Inc.

The Secretary: Ruth Barwick

Formed by the Rotary Club of Berowra on 2 October 2008.

Club No: 9003799

District: 9685 PD3 Inc. No: 9890687

Bendigo Bank details for deposits.

BSB No: 633-000

Account No: 139 637 029

PRIVACY: In accordance with the Privacy Act 1988 and recommendation from Probus South Pacific, this newsletter is private and confidential for members of Asquith Mixed Probus Club use only and is not to be used for any other purpose.

COMMITTEE NOTES

1. There will be a demonstration at our next meeting showing members how to access the AMPC private Facebook page.
2. A few members have had concerning health challenges recently, we are thinking of them and send our best wishes. These include Helen Nancarrow who had an accident resulting in injury and hospitalisation. Barry Mayhew has also been in hospital and is recovering at home after a minor stroke.
3. In September we have the Tour of Parliament House and High Tea. Trish is off to South Australia in September and we wish her a lovely holiday. Eleven of us are going to Broken Hill by train in a few days, return journey by coach. It's a week-long Trade Travel tour with a full itinerary, in combination with a group from Illawong Probus.
4. Great to be inducting new members at our meetings, welcome!
5. Thanks to Laurie, Jim and Walks leaders. The Edgecliff to Rose Bay walk was blessed with beautiful weather and memorable for glorious harbour views, including the sparkling Redleaf Pool. Next walk is another in the eastern suburbs, Dover Heights to Watson's Bay.
6. A great talk by Anita Jacoby, what a Who's Who of celebrities she has worked with. She was so popular that Jim suggested a possible return. Looking forward to hearing from Sue Alexander this month, retired professional tennis player, adventurer and researcher.
7. A few of our committee members need to step down next year. Please think about how you may be able to contribute to our wonderful club either through a committee position or perhaps helping out in a less formal way. The closer involvement really does increase enjoyment in your membership. We would love to have you attend a committee meeting as an observer.
8. Lots of fun ideas have been suggested for supplementary club activities including movies, coffee mornings, 'Meet the Member' (baby photos/interview).
9. Finally, our October meeting marks the 50th Anniversary of Probus. Please wear **blue and gold** if you can.

Ruth Barwick, Secretary

UPDATES TO THE PSPL WEBSITE

PSPL have updated the national website and opened it up to members again. The site has a new "look and feel". There are lots of improvements to the resources, such as 'Find a club', as well as new functions to help our committee.

Go to <https://probussouthpacific.org/> and login via the large pink button at the top right.

Members can use their **membership number** as both the login and the password.

A guide was issued on 6 August with step-by-step instructions to the new website. This can be obtained from the secretary.

[illegible]

Funds received so far this year	8,527.25	
Reduced by club expenses	(6,024.60)	
Net Earnings To Date		2,502.65
Add: Previous years' surplus funds		12,744.59
Leaving members' funds available		\$15,247.24

The above funds consist of cash at bank	20,351.24	
Less: Advance tour deposits and members' payments for these future activities and tours	(5,104.00)	
TOTAL MEMBERS FUNDS		\$15,247.24

Funds received will only increase with new members			July: 4 new members
Capitation fees paid in April, \$21.50 per member approximating.	\$2,150		
Venue and Morning Teas paid to date	\$2,810		Est Budget Saving \$680
Above two costs represent 82% of current expenses. 79% of budgeted costs.			
Other known expenses due in June:			
Magpies - Venue August ESTIMATE	\$500		
Total Unpaid Liabilities for future member activities.	\$5,104		
- Lucas Heights, Parliament House, Birthday BBQ & Xmas Lunch			
Treasurer's Report as at 31st July 2026			



ACTIVITIES

DOLLS' GROUP meets on the first Wednesday following our monthly general meeting at 10.15 for a 10:30 start. Please join us for tea, coffee and a chat at Carol Channon's home. Wool, needles and stuffing supplied and the good news is you don't need to be able to knit! 28A Harwood Avenue, Mt Kuring-Gai. **Phone Carol 0412 399 991.**

MAHJONG GROUP meets every Wednesday afternoon from 1.30pm at Asquith Bowling Club. **Contact Pam Clarke for more information 0416 216 962**

CARDS' 500 GROUP meets 1st and 3rd Wednesday of the month at 10am at Magpies. New players welcome. **Phone Mary 9482 8114**

MEN'S GROUP meets 3rd Wednesday of the month at 10am in the Pavilion at Magpies. **Contact Robert Allison on 0412 196 943.**

CARERS' GROUP meets 3rd Tuesday of the month at 12.30pm. **Contact Yenda by email at yenda33@bigpond.com**

AMPC Men's Group	Robert Allison	Dolls	Carol Channon
Auditor	Robert Allison	5th Thursday BBQ	Carol & John Channon
Books/DVDs	George Gates	Mahjong	Pam Clarke
Jigsaws	Robert Montgomery	Walks	Laurie Keaton
Cards 500	Mary Glasby	Website	Robert Allison
Carers' Group	Yenda Holland	Assist. Tours/Excurs.	Yenda Holland
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Jim Thompson

AMPC Committee Members	
President	Mal Steel
Vice-President Elect	
Vice-President	John Davies
Secretary	Ruth Barwick
Treasurer	Kevin Watson
Committee	
Bulletin	Sandra Lees
Hospitality	Jane Platts
Membership	Denise Mayhew
Assist. Membership	Robyn Lee
Speaker Co-ordinator	Jim Jeffries
Tours/Excursions	Trish Taylor
Welfare	Nita Shields
Assistant Secretary	Jim Jeffries
Assistant Treasurer	Pam Slater
Walks Co-ordinator	Laurie Keaton
Assistant Walks	Jim Jeffries
Past President	Barry Willick

DAY TRIPS

TOUR OF NSW PARLIAMENT & HIGH TEA

FRIDAY, 18TH SEPTEMBER, 2026

\$70.00 per person

***MAXIMUM NUMBER 24**

***PLEASE NOTE THIS IS A FRIDAY TOUR**

TOUR - 11.30 AM FOLLOWED BY HIGH TEA - 12.30 PM

Step back in time into one of Sydney's oldest buildings. Over one hour visit the historic legislative chambers, experience the beautiful colonial architecture while learning more about the role, history and work of Parliament. The tour concludes in the Strangers Restaurant at NSW Parliament where high tea will be served - including a chef's selection of sweet & savoury items, tea & coffee. The restaurant will cater for Gluten Free & Vegetarian requirements - dairy free is not available.

We will catch the 10.12 am train from Hornsby (Platform 1) to Chatswood station arriving 10.36 am. Change to Metro 10.40 am (Platform 2) arriving 10.52 am Martin Place station (Platform 3).

TRISH

THE GREAT ZIG ZAG RAILWAY

THURSDAY 18TH FEBRUARY, 2027

\$119.00 PER PERSON

Pick up from Rofe Park, Hornsby Heights 7.30 am approximate return 5.30 pm

***PAYMENT DUE BY 7/01/2027**



The Zig Zag Railway was built between 1866 and 1869 and acclaimed a major engineering feat of its time. It was regarded as one of the engineering wonders of the Victorian Age.

The Zig Zag consists of a series of sloping tracks forming the letter “Z” with reversing stations at Top and Bottom points.

On arrival at Clarence Station we will enjoy morning tea before boarding the Zig Zag Railway for a 1.5 hour train ride to Bottom Station and return. Lunch will be a main course and ice cream for dessert at The Alexandra Hotel at Leura before some free time to explore this pretty village.

Tour includes: Morning Tea, train ride on the Zig Zag Railway, two course lunch and luxury coach transport.

*Please note - Prices are subject to change for 2027.

TRISH

WALKS

Thursday, 24 September 2026, BALMORAL BEACH

LEADS: Kevin and Dianne Watson, plus Laurie if needed.

WHERE: **Short walk:** Commencing near the bathing pavilion, includes harbour scenery from Rocky Point walkway around the bathing enclosure to the southern end of the beach returning to luncheon venues.

Longer walk: up to 4km, to be finalised. May include some downhill walking.

LUNCH: Various takeaways or cafes of your choice.

TRAVEL: **9.13am Berowra, 9.27am Hornsby, platform 1, arrive St Leonards 9.56am 10.04am Bus number 114 (bus commences at Royal North Shore Hospital)**

Thursday, 22 October 2026, GREENWAY WALK

WHERE: Starting at Dulwich Hill light rail stop. The total track is about 6km long. You will be able to choose you start and finish point at any one of the Light Rail stations.

TRAVEL: 8.43am Berowra, 8.57am Hornsby, 9.21am Chatswood. Change to Metro for Sydenham and then bus, or metro to Dulwich Hill, (if open.) Then take light rail to your preferred start point, or start the long walk from Dulwich Hill.
Short guided walk likely to be from Marian light rail stop.



WALKS CHRISTMAS GET TOGETHER 🧑🏻🎅

Thursday, 26 November 2026, Lunch at Berowra RSL.

10.00am – 12.00pm Morning tea and local walk Mount Kuring-Gai.

12.00pm for 12.30pm Lunch at Berowra RSL

July Walk

Members enjoyed spectacular weather and scenery on the July walk from Edgecliff to Rose Bay.



SOCIAL GROUPS - DOLLS

Last week I caught up with our wonderful Doll makers at Carol Channon's house. This amazing team of volunteer ladies who, over 15 years of chatting, laughing and sharing much coffee and cake, have crafted almost 10,000 soft dolls for sick kids at Westmead Children's Hospital. Our thanks go out to them for all their generosity over the years.

I plan to visit each of our social groups (cards, men's coffee, BBQ & Mahjong) over the coming weeks and bring you up to date with what is happening with each one. If you haven't enjoyed them yet, please take an opportunity to try them out.

Mal Steel



Members: Here is an invitation for your friends. All visitors are welcome.

Your personal invitations are working and have led to up several new members who will join in September.



Invitation to Asquith Mixed Probus Club's September meeting

Meet Sue Alexander, retired professional tennis player and reluctant camper.

Sue Alexander, retired professional tennis player, had an unexpected journey into the world of camping, exploring the rugged beauty of northern Australia's Cape York Peninsula. Her travel memoir offers a heartfelt, adventurous look at life on the road and her research on Aboriginal history and culture.

Asquith Probus brings retired people together through social outings, games, walking groups and great guest speakers, all designed to help you meet new people and stay engaged.

A highlight of our club is our amazing team of volunteer ladies who, over 15 years of chatting, laughing and sharing cakes, have crafted almost **10,000 soft dolls for sick kids** at Westmead Children's Hospital. Their generosity is at the heart of our club. If you're looking for friendship, purpose and a place to belong, Asquith Probus would love to welcome you.

We meet at Magpies Club, Waitara on the first Thursday of the month at 10:15 for 10:30.
Contact Denise: 0416 179 383 or ampcmembers@gmail.com



**I was told technology would eliminate
unnecessary work.
Instead, I now have sixty passwords,
thirteen verification codes, and a
robot asking if I'm a robot.**

SPEAKERS

September



Our Speaker in **September** will be Susan Alexander - former tennis champion, successful businesswoman and writer.

During her career, she has won over 30 singles championships and 25 doubles titles in Europe and England.

She continued to win successive local and country tennis championships between 1974 and 1992 when an unexpected injury soon transformed into a journey of self-discovery, and the challenges of stepping outside one's comfort zone.

Susan recounts the ups and downs of life on the road with her husband, Markus, from their first uncomfortable experiences camping to the wonders and difficulties of the wild landscape in her book – 'The Reluctant Camper'.

Along the way, they explore historical landmarks, Indigenous cultures, and Australian wilderness, with a special focus on the enduring appeal of Cape York, Australia's last great frontier.

Her research on aboriginal history and culture is to be much acknowledged and applauded.

October

Our speaker in October, Peter Thorpe, will unravel the mysteries of AI and tell how AI can enhance your daily life, keep your mind active, and provide life-changing advantages, regardless of age.

He is the author of the best-selling book: *'Artificial Intelligence for Seniors'*.



Our August speaker, Anita Jacoby, receiving a Certificate of Appreciation.

Had the worst day ever. I paid a joiner to build me a double bed and he's done a bunk.

It's just one thing on top of another.

HOSPITALITY

Probus BBQ Birthday Lunch will be held at the Pavillion, Bobbin Head, on Thursday, 16th October 2026, 12 noon.

- All food will be provided: Sausages, Salad, Bread Rolls and Birthday Cake.
- Please bring your own plate, cutlery, drinks and glass.
- Cost is \$20 per person. Payment is now due, thank you.

End of Year Lunch is at Asquith Bowling Club on Thursday, 19th November 2026, 12 noon.

Two course meal. First course is Entrée:

- Salt & Pepper Squid
alternating with
- Grilled Haloumi and Cucumber

Second course is the Main meal:

- Chicken Supreme with roasted pumpkin, garlic beans and creamy lemon mustard sauce.
alternating with
- Crispy Skin Salmon with wilted baby spinach and romesco sauce.

****All meals are Gluten Free****

Cost is \$50 per person.

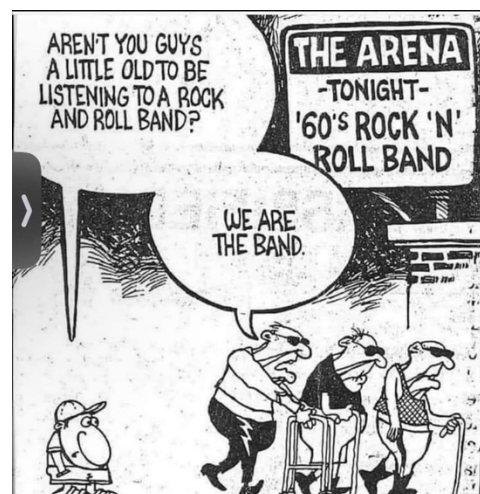
I look forward seeing you all enjoying your lunches with friends.

Cheers,

Jane Platts



"I hate bothering you, but my wife wants to know if she passed her driver's test."



DATE	ACTIVITY	CONVENOR	PAGE
Every Wednesday	Mah-Jong Asquith Bowling Club	Pam Clarke	4
1 st & 3 rd Wed 10am	500 Cards Magpies	Mary Glasby	4
3 rd Wed of Month	Men's Group Magpies	Robert Allison	4
3 rd Tuesday of Month	Carers' Group	Yenda Holland	4
3 September 2026	General Meeting	Mal Steel	
10 September 2026	Committee Meeting	Mal Steel	
9 September 2026	Dolls	Carol Channon	4
18 September 2026	Tour of Parliament & High Tea	Trish Taylor	5
24 September 2026	Balmoral Beach Walk	Laurie Keaton	6
1 October 2026	General Meeting	Mal Steel	
8 October 2026	Committee Meeting	Mal Steel	
7 October 2026	Dolls	Carol Channon	4
15 October 2026	AMPC Birthday Picnic	Jane Platts	10
22 October 2026	Greenway Walk	Laurie Keaton	6



'What did you take away from the meeting?'